

Digestive problems – 075, 015

BAO HE WAN	after eating a bad meal, overeaten, flatulence
ZUO JIN WAN	heartburn, stomach ache, mouth ulcer

A cough and slimy throat – 035

ER CHEN WAN	in case of a cough, white phlegm, after a cough when phlegm is not decreasing, often phlegm (children)
Eriobotrya japonica syrup	sore throat, hoarseness, bronchitis with phlegm and without clearing throat, chronic cough without throat clearing

Traveling diarrhoea and nausea – 101

HUO XIANG ZHENG QI WAN	head and muscle pains, diarrhoea, chills, vomiting, travelling diarrhoea
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Get cold & chilled – 008, 001

GUI ZHI TANG WAN	cold beginning, cold sensitivity, body pain & tiredness, perspiration
XIAO QING LONG WAN	being cold with cold sensitivity, cough and huge phlegms, breath shortness during infection

Urinary tract problems – 102

BA ZHENG WAN	urinary tract inflammation, urinal burning
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Flue symptoms in warm weather countries (26°C / 76°C and above) – 002, 003

YIN QIAO JIE DU WAN	throat burn with red hematomas, fevers
SANG JU YIN WAN	urgent oral infection with a cough, higher temperature, a bit of perspiration, throat/oral inflammation, yellow coloured flue, conjunctivitis, itchy or burning eyes

Strong tonsillitis, angyna, sinusitis & otitis – 209

PU JI XIAO DU YIN	urgent or recidivating of a soar throat, tonsillitis, otitis beginning
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Allergy flue – 007, 142

BI MIN GAN WAN	bigger adenoids, allergic flue with itching and sneezing
YU PING FEN WAN	prevent the allergy, especially the flue

Winds blowing attack & connected symptoms – 004

CHUAN XIONG CHA TIAO WAN	head and nape of the neck pains, blocked neck with pain, cold from a wind
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Bruising & broken bones (healing) – 205, 208P

JIN GU DIE SHANG WAN	injury pains, bruising, sprained ankle, healing after medical care, bones and muscles healing
SAN QI	San Qi herb only, stops bleeding, bones and muscles healing